



**ON'S BELL
NEWS ON
THE WAY!**

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Syros food

Discovering the food and drink of Syros is like taking journey through time, with all of the history and incredible contrasts of the island reflected in the flavours and aromas we can enjoy today.

It was the settlers from Chios who found refuge in Syros during the 1821 Greek War of Independence who first introduced loukoumia (Turkish delight) to the locals, just as the Greek refugees from Smyrna brought with them spices and other delicacies that had become part of their cuisine through trade with the Orient.

The contrast couldn't have been greater with the humble diet of the locals, based around simple, seasonal produce, and with other poorer migrants who also settled in Syros, bringing with them their own recipes.

Over time, a unique cuisine emerged, blending refined tastes and delicate aromas with the wholesome Mediterranean flavours of seasonal fruit and vegetables, as well as the meat and dairy products of local farmers.

Later communities added their touches, such as the Capuchin monks who introduced prickly pears, and most of the food you'll enjoy today is still produced by local farmers. But the main ingredient of the food & drink of Syros is still the generosity and passion (meraki, as it's called in Greek) of the locals, who have preserved age-old recipes and who enjoy nothing more than sharing them with you.





Introducing the BEV vehicles

Battery Electric Vehicles (BEVs)

Powered solely by an electric battery, with no gas engine parts. Most BEVs are capable of fast charging and L2 charging. Zero emissions.

Advantages:

Environmentally Friendly: BEVs produce zero tailpipe emissions, contributing to lower air pollution and reduced greenhouse gas emissions when charged with electricity from renewable sources.

Energy Efficiency: BEVs are generally more energy-efficient than traditional internal combustion engine vehicles, as electric motors can convert a higher percentage of stored energy from the grid to power at the wheels.

Lower Operating Costs: BEVs have fewer moving parts and require less maintenance than traditional vehicles. There are no oil changes, and brake wear is reduced due to regenerative braking.

Reduced Dependence on Fossil Fuels: BEVs help reduce dependence on fossil fuels since they can be charged using electricity generated from a variety of sources, including renewables.

Quiet Operation: Electric motors are inherently quieter than internal combustion engines, providing a more peaceful driving experience.

Disadvantages:

Limited Range: Although range is improving, BEVs may have a limited driving range compared to traditional vehicles, and long-distance travel might require more planning.

Charging Infrastructure: In some areas, the charging infrastructure may be limited, making it challenging for BEV users to find convenient charging stations.

Charging Time: While technology is advancing, charging a BEV can still take longer than refueling a traditional vehicle, especially with standard home charging.

Initial Cost: The upfront cost of purchasing a BEV is often higher than that of a comparable internal combustion engine vehicle, primarily due to the cost of the battery.

Battery Degradation: Over time, the performance and capacity of batteries in BEVs can degrade, affecting the overall range and efficiency of the vehicle.

Weight of Batteries: Batteries are heavy, which can impact the overall weight and handling of the vehicle. This weight can also affect energy consumption.

It's important to note that the automotive industry is continuously innovating, and advancements are being made to address some of these disadvantages. The decision to choose a BEV depends on individual preferences, needs, and the state of technological advancements at the time of purchase.



Introducing the AI

This is the life on board for the AI (short version).

Life on board a ship involves:

Accommodations: Compact cabins for crew members, with shared or individual spaces.

- **Work Schedule:** Follows a watch system, with designated periods for work and rest.
- **Meals:** Prepared by the ship's cook, fostering socialization during shared meals.
- **Recreation:** Common areas for relaxation, reading, movies, games, and exercise.
- **Communication:** Limited internet access, with communication relying on satellite connections.
- **Training and Drills:** Regular safety drills to ensure preparedness for emergencies.
- **Port Calls:** Opportunities for crew members to go ashore during voyages.
- **Challenges:** Adaptability, discipline, and a sense of camaraderie are crucial due to the confined spaces and isolation.
- **Hierarchy:** Officers manage navigation, engineering, and ship operations, emphasizing teamwork and communication.

Life on board is a unique experience, blending challenges with opportunities for camaraderie and personal growth.



LEARNING FROM A NEAR MISS

February: vessel crew reported that a during pilot exchange there was a struggling since the pilot enquired for cigarettes and he was not focalized on the manoeuvre.



LL: do you best to assist the pilot also when he is not enough professional.



LEARNING FROM A NEAR MISS

February: vessel crew reported that a tool has been left unattended on the deck.



LL: keep your tools with you and pack away them once the work is stopped or completed.

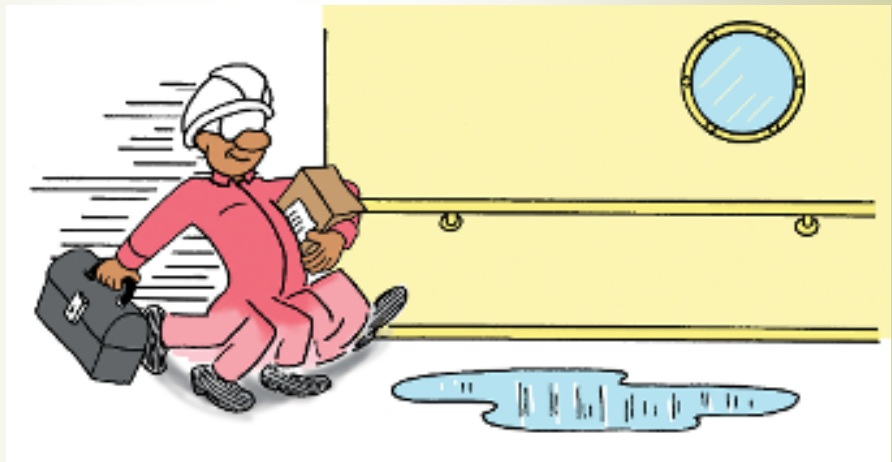


LEARNING FROM A NEAR MISS

February: vessel's crew reported a slippery deck found due a greasing operation.



LL: keep the working area clean and free from hazards.



LEARNING FROM A NEAR MISS

February: vessel's crew reported that a crewmember has been found working aloft with the safety harness not fastened.



LL: follow the procedures and check your safety tools.

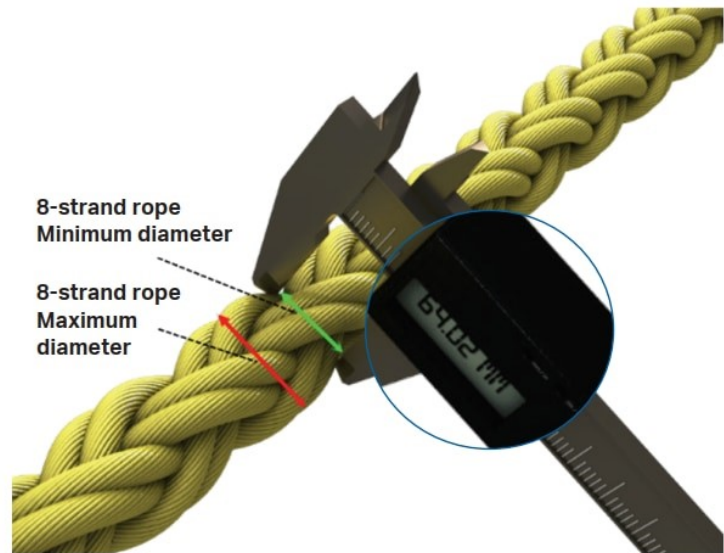


LEARNING FROM A NEAR MISS

February: vessel's crew reported that a rope failed due to his quality and use.



LL: enquire for different rope's type and size .



LEARNING FROM A NEAR MISS

February: barge crew reported that a crewmember has been seen changing the air sander disk without disconnect the air hose.



LL: use the power tools with extreme caution.



LEARNING FROM AN UNSAFE ACT

February: barge crew reported that a crewmember misused the UHF channel and there was a misunderstanding for a visitor.



LL: double check the radios channels before commencing the operations.



LEARNING FROM AN UNSAFE ACT

February: barge crew reported that a open paint bucket has been left unattended on deck.



LL: lash all equipment and gears on board to avoid damages.





March birthday.

CARAMASCHI	Matteo	20/03/2001
STOIAN	Nicolae	02/03/1985
LONGO	Giovanni	17/03/2001
MACIUCA	Alin Vasile	11/03/1977
UNDALOK	Teofilo	07/03/1976
SCAVO	Giuseppe	14/03/1965
ROSSI	Riccardo	28/03/1999
COSTA	Cristiano	27/03/2000
LOYOLA	Glenn	13/03/1995
ARENZANI	Manuel Mattia	23/03/2001
PANIERGO	Andres	10/03/1975
GALICIA	Ronald	06/03/1971
COLUCCIA	Andrea	07/03/1992
STABENE	Samuel Giuseppe	02/03/1992
RADU	Vicentiu Lucian	04/03/1984
BRENDIA	Patrick Lorenzo	29/03/1993
NICHIFOR	Grigore	05/03/1973
CANALE	Emilio	20/03/1963
SCOGNAMILLO	Aniello	09/03/1967
MARCHESI	Simone	29/03/1987
DELLACHA'	Francesco	06/03/1992
MARELLA	Alessio	02/03/1967
FASSONE	Davide	29/03/1994



New entries

E/Cadet Benvenuto Pietro
E/Trainee Escuin Ghebie
Fitter Fistoliu Trandafir
O/S Bual Leobert

